

People Unaware of Seriousness Of Mumps Says Health Officer

By ROY O. GILBERT
L. A. County Health Officer

Mumps is not generally considered a serious communicable disease by the majority of people. Regardless of this, the complications that may occur during the course of this illness cause members of the medical profession to watch it closely and treat it carefully.

So far this year in Los Angeles County, some 4410 cases of mumps have been reported as against 2743 cases for the same period in 1959. This increase in the number of cases is not alarming, but if the trend continues throughout 1960 more parents than usual will become familiar with the symptoms of the disease.

SIGNS OF mumps generally include tenderness and swelling of one or more of the salivary glands. At first, one side of the area under the ear is affected and then, more often than not, the other side follows in a few days. Fever, fatigue, headache, and vomiting may be present.

These symptoms of illness usually appear in about 18 days after exposure to the infection. Sometimes they are noticeable a week or more before this time and sometimes not until about a week later.

The sick person is infectious to other individuals about 7 days before symptoms appear and remains so until the swelling subsides, which it usually

| does within a week.

GLANDULAR swelling does not occur in all cases. Even when it is absent, however, the mumps virus is present in the oral secretions and the individual may therefore transmit the infection to others.

Mumps is caused by the mumps virus. These viruses are present in the saliva of an infected person and may be transmitted to others by means of droplet sprays that occur

when the patient is talking, coughing, sneezing, and so forth. Or the infective agents may be spread through air

Not as common in occurrence as some of childhood's contagious diseases, mumps generally occurs between the ages of 5 and 15. Older persons are sometimes infected also, but during infancy appearance of the condition is comparatively rare.

It is often thought that one attack of mumps confers lifelong immunity to the disease, but this is not entirely accurate. While one attack usually does confer immunity, second attacks may occur and third attacks are sometimes reported.

NO MATTER whether the attack of mumps is mild or severe, complications may occur during the course of illness. Chief among them is inflammation of the sex glands, and this may result in sterility. It is this complication that happens most frequently in

youngsters past puberty, particularly in the male.

The central nervous system may also become involved. Meningitis is not uncommon while, more occasionally, encephalitis will occur. When these conditions appear following an attack of mumps, the outlook for complete recovery is usually good.

Vaccines are available but are limited in usefulness, because the period of immunity that is conferred is quite brief—probably not exceeding two years. Still, when outbreaks of mumps occur in certain groups of young people, including the

military, vaccination is valuable.

CHILDREN are not generally vaccinated against the disease. By letting them get it at an early age, the hazard of mumps complications after ad-

In any case of mumps it is a well established medical fact that, however mild the illness may seem, good medical and nursing care are needed in order to prevent the serious occur.

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STENOTYPE . . . Members of the El Camino College Commercial Dept. are shown here experimenting with the stenotype — mechanical shorthand machine — which will be used in classes to be resumed on Monday and Wednesday when school opens for the fall term. Classes will be given from 7 to 10 p.m. Mondays, and from 7 to 9 p.m. Wednesdays.

Stenotype Course Set At El Camino

El Camino College will resume a course in stenotype machine shorthand, according to an announcement by the commercial department of the college. The class will meet Monday evening from 7 to 10 a.m. and Wednesday from 7 to 9 p.m.

Machine shorthand is used in business and government offices wherever stenography is required. It affords greater efficiency and allows a greater volume of work.

The course is under the direction of the El Camino College commercial department and open for a limited enrollment. Dictation speeds of 80 words per minute is attainable in one semester.

Rental machines for class and home work are available at the college.

District Seeks Walteria Lake School Site

Condemnation proceedings are being started against a 10-acre piece of property near 227th and Ladeene Ave., by the Torrance Unified School District. The land would be used for an elementary school site.

Construction of the school on that site would provide a school for some of the children from the huge new tract now being built in Walteria Lake and would allow some relief for crowded Meadow Park and Seaside Schools.

A second school will be constructed in the Walteria Lake area, school officials said. Formal action on a second site has not yet been taken however.

STAR GAZER☆☆☆

By CLAY R. POLLAN

Taurus

ARIES
MAR 21
to
APR 20

23-37 46-58
69-72 80-89

APRIL
21
to
MAY 21

11-27 29-56
73-79 73

GEMINI

MAY 22
to
JUNE 21

14-16 16-28
35-40 41-49

CANCER

JUNE 22
to
JULY 23

4-21 30-34
47-52 52

LEO

JULY 24
to
AUG 23

18-26 34-41
57-65 65-79 87

VIRGO

AUG 24
to
SEP 22

1-6 13-15
33-36 54

☆ **Your Daily Activity Guide**
According to the Stars.

To develop the most of this Sunday,
read words corresponding to numbers,
of your Zodiac birth sign.

| | | |
|---------------|---------------|-----------------|
| 1 Diplomacy | 31 On | 61 With |
| 2 Services | 32 On | 62 Thwart |
| 3 Sack | 33 Be | 63 Bashing |
| 4 Be | 34 Effort | 64 Tocks |
| 5 Rendered | 35 Rewarded | 65 Come |
| 6 Success | 36 Necessary | 66 Fashion |
| 7 Indicated | 37 Sensible | 67 Sides |
| 8 Succeeded | 38 In | 68 And |
| 9 Directed | 39 Out | 69 Over |
| 10 Advice | 40 To | 70 The |
| 11 Say | 41 You | 71 Under |
| 12 Store | 42 Take | 72 Money |
| 13 Remember | 43 Someone | 73 Pressure |
| 14 Plotence | 44 Let | 74 Ambitions |
| 15 Recall | 45 Bad | 75 Enterprise |
| 16 May | 46 Shun | 76 Fear |
| 17 Sure | 47 Fear | 77 Pursuing |
| 18 Attempt | 48 Once | 78 Through |
| 19 Worry | 49 Not | 79 Some |
| 20 Look | 50 In | 80 Or |
| 21 Courageous | 51 Bright | 81 New |
| 22 Brave | 52 Surprising | 82 Jealous |
| 23 Be | 53 Do | 83 If |
| 24 Embarking | 54 Today | 84 Ventures |
| 25 Start | 55 Tomorrow | 85 Rejoice |
| 26 Extra | 56 Again | 86 Ventures |
| 27 Nothing | 57 Will | 87 Successfully |
| 28 To | 58 Satisfies | 88 With |
| 29 And | 59 Church | 89 Possessions |
| 30 Don't | 60 Advance | 90 Possible |

☆ Good ☆ Neutral ☆ Bad

LIBRA

SEPT. 23
to
OCT. 23

20-32 40-51
67-73 75-85

SCORPIO

OCT. 24
to
NOV. 22

42-43 55-62
61-70 83-90

SAGITTARIUS

NOV. 23
to
DEC. 22

2-5 22-23
30-52 66

CAPRICORN

DEC. 23
to
JAN. 20

7-8 38-39
64-68 81-86

AQUARIUS

JAN. 21
to
FEB. 19

9-17 25-49
77-78 82-84

PISCES

FEB. 20
to
MAR. 21

3-10 12-24
31-32 33-34

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4 - 1.00

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